

Happy November!

In this edition- TRICARE OPEN SEASON/Puppy Love/Closures/Vet Passing/Happy Birthday Marines/Veterans Day/Unknown Eater

TRICARE OPEN SEASON

THIS NOTICE IS PRIMARILY FOR THOSE WHO HAVE MADE CHANGES SUCH AS GOT MARRIED/DIVORCED ETC, OR IF YOU ARE STILL ENROLLED IN PRIME. OTHERWISE NO CHANGES ARE REQUIRED. IF YOU HAVE RECENTLY OBTAINED ID CARDS FOR A SPOUSE OR CHILDREN, YOU SHOULD CHECK WITH TRICARE TO ENSURE YOUR DEPENDENTS ARE ENROLLED IN SELECT. YOU MAY RECEIVE A LETTER FROM TRICARE TELLING YOU THERE IS A PROBLEM WITH YOUR ACCOUNT.

Open season is an annual period when you can enroll in or change your health care coverage plan for the following year. TRICARE beneficiaries will experience open season for the first time, from Nov. 12 to Dec. 10, 2018. Enrollment choices made during this period will take effect on Jan. 1, 2019. To learn more, you can join TRICARE for the "Open Season is Here! Your Guide to TRICARE Open Season and Federal Benefits Open Season" webinar on Nov. 15, from 1 to 2 p.m. ET.

To help you understand the differences between <u>TRICARE Open Season</u> and <u>Federal</u> <u>Benefits Open Season</u>, check out highlights of each below.

What is TRICARE Open Season?

TRICARE Open Season affects your health care coverage. During TRICARE Open Season, you have three options:

- If you want to stay with your current health care plan, you don't have to take any action.
- If you're not enrolled in a <u>TRICARE Prime</u> or <u>TRICARE Select</u> plan, but eligible to do so, you may enroll.

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If you're already enrolled in TRICARE Prime or TRICARE Select, you can switch
plans. For example, if you're eligible, you may switch from TRICARE Prime to
TRICARE Select, or switch from individual to family coverage.

If you have a premium-based plan (TRICARE Retired Reserve, TRICARE Reserve Select, TRICARE Young Adult, and Continued Health Care Benefit Program) and don't plan to enroll in a TRICARE Prime or TRICARE Select plan, TRICARE Open Season doesn't apply to you. Similarly, TRICARE Open Season doesn't apply to TRICARE For Life.

PUPPY LOVE

PLEASE BE AWARE THAT THERE IS AN EPIDEMIC OF PARVO VIRUS IN OUR AREA. PLEASE PASS THIS TO EVERYONE YOU KNOW WHO HAS DOGS. PARVO IS AN UNCURABLE VIRUS WHICH YOUR PUPPY CAN CONTACT JUST BY BEING NEAR OTHER DOGS DROPPINGS, IT IS HIGHLY CONTAGIOUS. SIMPLY WALKING YOUR PET NEAR ANOTHER DOGS EXCREMENT THEY CAN BE INFECTED. THEY CAN ALSO CONTRACT IT BY YOUR ACCIDENTALLY STEPPING IN A DOGS DROPPINGS AND THEN PASSING IT ONTO YOUR PUPPY. I ALMOST LOST A NEW PUPPY THIS WEEKEND AND ONE OF HIS BROTHERS DIED FROM IT AND HIS SISTER IS VERY ILL. THE VIRUS ITSELF DOESNT KILL, ITS THE SYMPTOMS, LIKE VOMITING, DIARRHEA, BLOODY STOOL. NOT EATING. NOT DRINKING. AND GENERAL LETHARGY. ONCE THE PUPPY IS INFECTED VERY LITTLE TIME TO ACT IS AVAILABLE. IN 48-72 HOURS YOUR PET CAN GO FROM HAPPY AND PLAYING AND GIVING YOU KISSES TO DEATH! I RECENTLY MATED MY TWO ADULT DOGS AND THEY HAD A LITTER OF 6. BEAUTIFUL HAPPY AND LOVING BABIES. 4 WERE ADOPTED AND I KEPT THE TWO BEST IN MY MIND. THE SWEETEST ONE IS ONE OF THE MOST LOVING AND SWEET LITTLE GUYS I HAVE EVER SEEN. AS FATE WOULD HAVE IT HE IS THE ONE WHO GOT EXPOSED. I QUICKLY TOOK HIM TO ANGELES PET CLINIC ON RIZAL IN OLONGAPO AND THEY TOLD ME HE HAD ABOUT A 50/50 CHANCE OF SURVIVAL. SHORTLY AFTER HE WAS HOSPITALIZED I WAS TOLD HIS SISTER AND BROTHER WHO WERE ADOPTED AND LIVED IN OTHER HOUSES MILES AWAY ALSO BECAME SICK. BOTH OF THEM HAVE SINCE DIED. A NEIGHBOR TOLD ME THAT A HOUSE 5 DOORS DOWN HAD 5 DOGS AND ALL WERE SICK. I QUICKLY REALIZED THOSE DOGS WERE WALKED IN THE SAME PARK NEAR THE HOUSE AS MINE WERE. I WAS A BIT UPSET THE OWNERS DIDNT LET OTHERS KNOW THEIR DOGS HAD THE VIRUS, AND HAD NOT BEEN VACCINATED. I IMMEDIATELY NOTIFIED ALL THE OTHER PET OWNERS ON MY STREET. SHORTLY THEREAFTER I WAS VISITING MY BABY IN THE HOSPITAL AND FOUND THERE WERE 6 ADDITIONAL DOGS THERE WITH PARVO. APPARENTLY THERE IS AN EPIDEMIC OUTBREAK OF THE VIRUS IN THE OLONGAPO AREA, BUT NOWHERE IN THE MEDIA IS IT BEING ADDRESSED. SO IT FALLS ON US TO GET THE WORD OUT. YESTERDAY I WAS FORTUNATE, AFTER 5 DAYS WITH THE PROFESSIONAL CARE OF ANGELES VET CLINIC, I BROUGHT MY BABY HOME. HE'S STILL WEAK AND IS SLOW IN GETTING BACK TO EATING AND TIRES QUICKLY, BUT THANKS TO A LOT OF PRAYERS AND THE CARE HE RECEIVED HE IS ON THE MEND. PLEASE LET EVERYONE YOU KNOW WHO HAS A SWEET LITTLE GIFT FROM GOD, TO WATCH THEIR PETS FOR THE ABOVE SYMPTOMS, AND GET THEM TO

<u>PROFESSIONAL CARE IMMEDIATELY. ALSO HAVE YOUR PETS VACCINATED,</u> PREVENTION IS THE BEST CURE.

CLOSURE

THE RAO WILL BE CLOSED THIS COMING MONDAY 12 NOV, IN OBSERVANCE OF VETERANS DAY. HAPPY VETERANS DAY HEROES. PLEASE GO TO THE FOLLOWING URL AND VIEW A VIDEO. IT WAS MADE ABOUT MEMORIAL DAY BUT IS JUST AS GEMAINE FOR THIS VETERANS DAY RECOGNITION. ITS THE BEST I'VE SEEN FROM BUDWEISER. https://www.voutube.com/watch?v=vzMSzlkOkJA

HAPPY BIRTHDAY MARINES AND FAMILIES

NOV 10, 2018 243RD BIRTHDAY U.S. MARINES



A MESSAGE FROM THE COMMANDANT OF THE MARINE CORPS

As we celebrate our 243rd birthday, Marines remain in combat, forward-deployed throughout the world confronting every challenge with courage, loyalty, and faithfulness. Each year on this day, we renew our resolve to be the most ready when the Nation is least ready; we pay tribute to all who forged our proud legacy; we recommit ourselves to defending freedom anytime and anywhere; we stand ready to aid those devastated by natural disasters; and we honor the families and loved ones who faithfully stand beside us.

FOR THE FULL MESSAGE GO TO https://www.hqmc.marines.mil

ANOTHER VET LOST

NOV 1 2018, A ARMY VETERAN WAS FOUND IN THE JOLLIBEE CR DEAD. A LOT OF COMMENTS ON SOCIAL MEDIA, SAID HOW CAN THIS HAPPEN, NOBODY KNOWS ANYTHING ABOUT HIM. THATS NOT ENTIRELY TRUE. HIS NAME WAS ISMAEL ORTIZ. HE ARRIVED HERE FROM HAWAII ABOUT 9 MONTHS AGO. HE MET A YOUNG LADY WHO HE CLAIMED THREW HIM OUT AND STOLE ALL HIS PAPERWORK. HE SHOWED UP AT THE RAO DOORS ABOUT 2 MONTHS GO AND JEFF ASSISTED HIM IN GETTING MONEY FROM HIS ACCOUNT IN HAWAII A NUMBER OF TIMES. NOT SURE IF THAT WAS GOOD OR BAD AS HE WAS ALCOHOLIC AND POSSIBLY DABBLED IN SOME ILLEGAL SUBSTANCES. IN ANY EVENT HE WAS LIVING ON THE STREET AND

WITHIN 2 DAYS HE WAS BACK AT THE DOOR. WE ARE TRYING TO MAKE CONTACT WITH ANY RELATIVES WHO WE BELEIVE ARE IN NEW YORK BUT NOT HAVING MUCH LUCK. MOST LIKELY HE WILL END UP IN A WOODEN BOX IN A PAUPERS GRAVE, FEW KNOWING HE EVER EXISTED. SOME LESSONS SHOULD BE LEARNED FROM HIS MISFORTUNE. 1. CAREFUL WHO YOU HOOK UP WITH, MANY TIMES ALL THEY SEE IS A MEAL TICKET AND GRAND ILLUSIONS OF A FOREIGNER TAKING CARE OF THEM FOR A LONG TIME. 2. KEEP YOUR IMPORTANT PAPERS SECURE, IF YOU HAVE NO TRUSTED WAY TO DO THAT, WE CAN KEEP THEM IN OUR SAFE FOR YOU. 3. HAVE A BACK UP PLAN FOR YOUR FINANCES, HAVING MORE THAN ONE ACCOUNT WITH FUNDS IN IT WILL LESSEN THE PROBLEM IF YOU SHOULD LOSE OR HAVE CARDS STOLEN. 4. LET A TRUSTED FRIEND OR THE RAO KNOW WHO TO CONTACT IN THE EVENT OF EMERGENCY.

<u>UNKNOWN EATER</u>, THUS FAR WE HAVE SECURED A 10% DISCOUNT FOR RAO MEMBERS WITH ARIZONA RESORT, DYNAMITE DICKS, LAPTOP PC EXPRESS, AND ARE WORKING ON OTHERS.

ADDED TO OUR LIST OF RECOMMEDED BUSINESSES-- ANGELES PET CLINIC RIZAL AVE OLONGAPO.

BAKE SALE FOR TOYS FOR TYKES ONGOING EVERY WEDNESDAY AT RAO. GET YOUR MAIL AND BUY A COOKIE OR PIECE OF PIE.

BEWARE AND PRACTICE SITUATIONAL AWARENESS AT ALL TIMES.

THIS STORY COMES FROM A FRIEND OF A MEMBER WHO IS WELL KNOWN IN THE COMMUNITY, WE CANT SPEAK TO THE VERASITY OF IT BUT IT DOES MAKE ONE CONTEMPLATE WHAT COULD HAPPEN.

"I WAS DRIVING ALONG LOCALLY AND WAS PULLED OVER BY A POLICE OFFICER, HE ASKED ME TO OPEN MY TRUNK, I REACHED DOWN AND PULLED THE LEVER AND HE APPEARED TO BE DOING A SEARCH, SHORTLY HE TOLD ME OK GO ON YOUR WAY, AS I DROVE AWAY I SAW HIM TALKING ON A RADIO. I BECAME SUSPICIOUS AND PULLED OVER A LITTLE DOWN THE ROAD AND FOUND 2 SACHETS OF DRUGS. I DISPOSED OF THEM AND CONTINUED DOWN THE ROAD. A SHORT WAYS LATER I WAS PULLED OVER BY A SECOND POLICE OFFICER AND HE ASKED ME TO ALSO OPEN MY TRUNK, HE LOOKED AROUND AND HAD A PUZZLED LOOK ON HIS FACE BUT TOLD ME OK I COULD GO. I DON'T CLAIM TO BE THE SHARPEST TOOL IN THE SHED, BUT IT DIDN'T TAKE MUCH TO REALIZE I HAD JUST AVOIDED BEING SET UP FOR A SERIOUS LEGAL PROBLEM AND A LOT OF PESO'S BEING SHELLED OUT." WORD TO THE WISE, IF YOU GET PULLED OVER AND ASKED TO ALLOW ENTRY TO YOUR CAR, BE RIGHT THERE WITH THEM, WATCH WHAT THEY DO! BEWARE! BE AWARE! PRACTICE SITUATIONAL AWARENESS!